





Want to boost your wellbeing and thrive in work?

A healthier, happier workplace is good for you and good for business.

-  Health and wellbeing support.
-  Access to a dedicated work and health coach through WorkWell.*
-  Free, practical support including treatment for musculoskeletal (MSK) conditions.*
-  Self-care checklist and helpful links to help you manage your health and wellbeing



Visit
www.salfordskillsandwork.info/workwell

* Subject to eligibility

