



Supporting your child to travel independently

Travel advice and guidance for parents and carers of young people with learning disabilities and autism.

Independent travel is a key life skill that helps young people build confidence, expand their social opportunities, and access education, employment, and leisure activities. Our travel training guidance helps you support your child to gain independence at their own pace, ensuring they feel safe and capable on public transport.

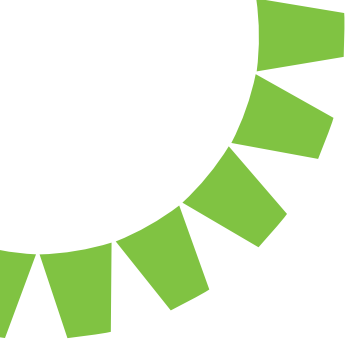
Encouraging independent travel will:

- ▶ boost your child's confidence and self-esteem
- ▶ increases their access to education, employment, and leisure
- ▶ reduces reliance on parents and carers
- ▶ helps develop lifelong skills in road safety and problem-solving

Want to know more?

For detailed independent travel advice and guidance or visit our website at www.salfordskillsandwork.info/travel

Contact us at supportedemploymentservice@salford.gov.uk.



Independent travel checklist

Use this checklist to ensure your child has the key skills needed for safe, independent travel.

Is your child:

- aware of basic dangers outdoors?
- able to respond appropriately to basic dangers?
- able to negotiate obstacles?
- able to cross quiet roads safely?
- able to use designated and controlled crossings safely (school crossings, Zebra, Pelican, Puffin, Toucan and Pegasus)?
- able to recognise basic numbers?
- able to recognise basic colours?
- able to recognise basic road markings?
- able to recognise basic road signs?
- able to respond correctly to verbal instructions?
- able to remember short instructions?
- able to ask for information when unsure?
- able to adopt appropriate social behaviour?
- able to make appropriate and safe decisions?
- able to recognise different monetary values?
- able to pay for purchases and travel tickets independently?
- able to keep time independently?
- able to stay focused throughout their journey?
- able to adapt to changes?
- able to solve everyday problems?
- able to travel unescorted?

Encourage your child to practice and build confidence with each step. Every journey taken independently is a step towards building their confidence.

Visit our website for detailed independent travel advice and guidance.

